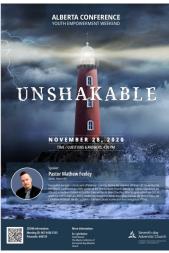


A Newsletter for Burman University

26 November 2020



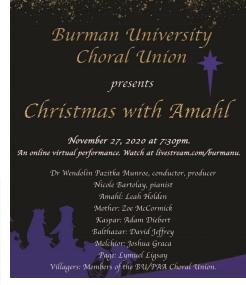


Youth Empowerment Sabbath Pastor Matthew Feeley, originally from Toronto. Having had a traumatic experience that changed his life in high school, Pastor Feeley answered the call to pastoral ministry and has been sharing his personal testimony around the world. Join us at 4:00 PM for an inspirational message from Pastor Feeley as well as an open discussion!

Meeting ID: 967 6436 5155 Passcode: 648129



To our American Burman Family





### **Important Academic Dates**

November 23 Last day to withdraw from any second 1/2 term course without incurring an F grade

December 1 Last day of classes

## Week at a Glance

Sunset: 4:28 pm

#### Friday, November 27

7:30 pm CAYA

Virtual Only
<a href="https://livestream.com/burmanu">https://livestream.com/burmanu</a>
Choral Union
Christmas with Amahl

#### **SABBATH**

First Service 9:15 am

Online- https://livestream.com/chsda

In-Person- College Heights SDA Church \* Please register for this event at: https://mychurch.chsda.ca/

**Speaker:** Pastor Jeff Potts "The Helping Church"

#### SABBATH SCHOOL

**Church** <a href="https://livestream.com/chsda">https://livestream.com/chsda</a> 10:30 am **SS Discussion Coordinator** Ronda Ziakris

#### Ignite 12:00 pm

Online - <a href="https://livestream.com/burmanu">https://livestream.com/burmanu</a>

In person- College Heights SDA Church \* Please register for this event at: https://mychurch.

**Speaker**: Pastor Marc Andrade
"The Helping Church"

## Coming up....

#### Saturday, November 21

8:30 pm MT Theology Club via Zoom *Let's Connect* 

#### Sunday, November 29

Club Film Festival Cancelled

## Tuesday, December 1

11 am PowerUp

# Fall 2020 Exam Schedule

Exam Period	December 3	December 4	December 7	December 8	December 9	December 10
	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday
9:00 am-12:00 pm	T 9:30 -10:50	T 1:15-2:35	T 8:00-9:20	M 1:15-2:35	T 4:15 -5:35	M 2:45-4:05
		(8:00 am - 11:00 am)*				
1:30 pm-4:30 pm	M 11:00-11:50	T 2:45-4:05	M 4:15-5:35	M 9:00-9:50	M 10:00-10:50	M 8:00-8:50
		(12:30 pm – 3:30 pm)*				
6:00 pm-9:00 pm	Thursday		Monday	Tuesday	Wednesday	
	Evening		Evening	Evening	Evening	
	Classes		Classes	Classes	Classes	

#### **Using the Schedule**

• Time for exam: Determine the first period your course is scheduled to meet in a week and find it in the grid. Example: If your first class period in a week is Tuesday at 1:15 pm, your exam for that class will be on Friday, December 4 starting at 9:00 am.

#### \* Friday start/end times are non-standard



**Youth Empowerment Weekend** - On December 5, 2020, we are blessed to have Pastor Ron Sydney. He grew up in St. Lucia. He was called to ministry at a young age. He answered the call and went to study Theology at Canadian University College. After graduating he was called to pastor the Ephesus and Richland Churches. It wasn't too long after his successful ministry that Pastor Ron was called to pastor the 24/7 church in Seattle Washington. Currently, Pastor Ron is serving as the lead pastor for two churches in the Detroit area, Pontiac Southside and Detroit Center. Pastor Ron loves preaching and loves sharing inspiring messages to young people. His raw authentic and transparent style allows hearers to engage with him and connect with him on another level. Join us at 11:30 AM for an empowering message from Pastor Ron and an open conversation at 4:00 PM! **Meeting ID**: 950 6127 9593 **Passcode**: 648129

How to Avoid Friendship Pitfalls in a Pandemic JANELLE RINGER | NOVEMBER 24, 2020 David Puder, MD, a psychiatrist at Loma Linda University Behavioral Health (BMC), has been an advocate for building healthy relationships throughout his career. As the medical director of the MEND program at the BMC, Puder says many of his patients have reported feeling lonely, disconnected from their peers, and left out. Read more at <a href="https://adventist.news/en/news/how-to-avoid-friendship-pitfalls-in-a-pandemic">https://adventist.news/en/news/how-to-avoid-friendship-pitfalls-in-a-pandemic</a>



## SMILE OF THE DAY



# Resilience in Time of Crisis

JOHN SURRIDGE | NOVEMBER 24, 2020

Gabor Mihalec is a Hungarian pastor, counselor, author, and family ministries director. His presentation called "Resilience in Time of Crisis" was the centrepiece of the Trans-European Division (TED) Year-End Meetings, requested specifically to give church leaders coping mechanisms in these unprecedented COVID times. Mihalec's message was deceptively simple, just seven steps to building resilience. Read more at <a href="https://www.adventistreview.org/church-news/story15731-resilience-in-a-time-of-crisis">https://www.adventistreview.org/church-news/story15731-resilience-in-a-time-of-crisis</a>

