

First Responder to Disclosures of Sexual Violence / Abuse Training



Did you Know:

- As of 2019, approximately 43% of Albertans (1.8 million in total) have experienced sexual violence in their lifetime.
- As of 2019, two in three females and one in three males in Alberta have experienced sexual violence in their lifetime
- Women are more likely than men to experience unwanted sexual behaviors in public, online and in the work place
- 95% of survivors do not report their assaults to the police, making sexual violence the most underreported crime in Canada

This beginner yet comprehensive 'Identify, Respond and Refer' training will increase your skills and confidence to help you address sexual abuse and sexual assault. The workshop will provide you with education and skill development in a number of areas, including (but not limited to):

- Define sexual violence and where it stems from
- Communicate responding skills and their appropriate use
- Describe child sexual abuse myths and misunderstandings about child sexual abuse
- Identify what the age of consent is in Canada
- Name the mental, physical, emotional and relational/social effects in adults who have been sexually abused as children
- Define sexual harassment and discuss legal options for those who have been sexually harassed
- Role-Play how to respond appropriately to disclosures of sexual assault and abuse
- Explain attitudes and beliefs that impact the continuum of sexual violence.
- Name the short and long term physical, psychological and emotional impact of sexual assault and abuse across the lifespan.

The workshop covers six modules with opportunities for group discussions and practice skills through role-plays. The modules include: Critical Communication Skills for First Responders; Child Sexual Abuse; Adults who were Sexually Abused as Children; Sexual Harassment; Sexual Assault; Rethinking Prevention.

Participants will receive a certificate at the end of the two-day training. Participants must attend all sessions.



Please contact either Elise Kruithof (elisekruithof@burmanu.ca) or Tamara van Rensburg (tamaravanrensburg@burmanu.ca) for information on upcoming training dates.

If you have additional questions, please feel free to contact the Sakala Success Centre.

You can also find out more about this training on the Association of Alberta Sexual Assault Services website, [First Responder to Sexual Assault and Abuse Training](#)