

# CAMPUS CONNECTIONS

A Newsletter for Burman University

Thursday, 15 January 2026

## DINNER WITH THE DOCTOR

*"The Power to Change: A Whole-Person Approach to Health"*

JANUARY 15, 2026

5:30 PM - 8 PM

LACOMBE MEMORIAL CENTRE  
5214 50 Ave, Lacombe, AB

Most people already know what they should do to be healthy, yet real change remains elusive. Why? Discover the missing link that turns good intentions into lasting health.

Enjoy a full-course, whole-foods, plant-based supper!

### Salads

Green Garden Salad with Broccoli and Sunflower Sprouts  
Quinoa Salad

### Main Course

Coconut Beluga Lentil Curry with Whole Grain Naan  
Baked Brown Rice and Steamed Green Beans

### Dessert

Raw Lemon Cashew Cheesecake with Haskap Sauce

General Admission: \$25

Burman Students: \$10

Featuring:



John Torquato, M.D. is a graduate of Loma Linda University and a board-certified Family Medicine physician with over 30 years of experience integrating lifestyle medicine, plant-based nutrition, and faith-centered healing.

Pastor Wayne Kablanow, an alumnus of Pacific Union College and Andrews University, is a retired pastor and successful church planter who currently resides with his wife in Willits, California.

REGISTER NOW

Email  
karinawhite@burmanu.ca  
or scan the  
QR code



## Wellness Reset *Christ's Healing for Body and Spirit*

January 15 @ 6:00 PM / Dinner With The Doctor  
*"The Power to Change: A Whole-Person Approach to Health"*  
Lacombe Memorial Centre / RSVP Required

January 16 @ 7:30 PM / CAYA  
*"God's Calling On Your Life"*

January 17 @ 9:00 and 11:30 AM / College Heights Church  
*"More Than Information"*

January 17 @ 4 PM / College Heights Church  
*"Team Work Testimonies: Practical Applications for Gospel Health Ministry"*

Questions? Contact [karinawhite@burmanu.ca](mailto:karinawhite@burmanu.ca)

## CABL Health Weekend

January 15-17, 2026

Featuring:



John Torquato, M.D.  
Board-certified Family Medicine physician



Pastor Wayne Kablanow  
Retired Pastor and Church Planter



Scan to RSVP

## IMPORTANT ACADEMIC DATES

**January 16** Last day to drop any first 1/2 term course without entry on permanent record

**January 16** Last day to add a course, change from credit to audit or audit to credit

**January 23** Last day to:

- drop any full-term course without entry on permanent record
- receive full tuition and mandatory fee refund

See [Academic Dates](#) for further information.

## Week at a Glance

Sunset: 4:53 pm

Friday, January 16 @ 7:30 PM

### CAYA - CABL

*God's Calling on Your Life*

College Church

### SABBATH

### FIRST SERVICE

9:00 AM

**Speaker: Pastor Wayne Kablanow**

*More Than Information*

### CHURCH AT STUDY

10:10 AM

### UNIVERSITY SABBATH SCHOOL

10:00 AM with John Galbraith  
Social Eyez

### COMMUNITY WORSHIP

11:30 AM

**Speaker: Pastor Wayne Kablanow**

*More Than Information*

### CABL Health Weekend

4:00 PM

*Team Work Testimonies - Practical Applications for Gospel Health Ministry*  
College Church

### Coming up....

January 17 @ 7:30

### Class Challenge

PE Centre

Tuesday @ 11

### PowerUp

Admin Chapel

January 26 - 31

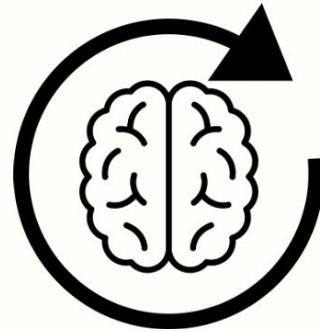
### Student Led WISE

Saturday, January 31

### BUSA Banquet

CAMPUS MINISTRIES

CAYA



DR. JOHN TORQUATO

+

PASTOR WAYNE KABLNOW

*"Wellness Reset"*

FRIDAY | JANUARY 16 | 7:30 PM

College Heights SDA

# SABBATH SCHOOL

STUDYING  
**GENESIS**  
**34**

@ SOCIAL EYEZ

WITH JOHN G TIME | 10:00 AM - 11:20 AM

**17.01.2026**

# CLASS CHALLENGE

## Division of Arts

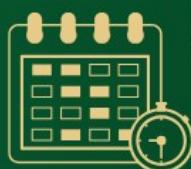
Music, Religious Studies, International Studies,  
Behavioural Science, General Studies (Arts)

## School of Business

## School of Education

## Division of Science

Biology, Nursing, Psychology, Wellness,  
General Studies (Science)



SATURDAY, JANUARY 17

7:30 PM, Burman PE Centre

**Sign up with your senators (extra points for  
getting professors to participate).**



Division of Arts sign up [HERE](#). (wear white shirts)

School of Business sign up [HERE](#). (wear black shirts)

School of Education sign up [HERE](#). (wear blue shirts)

Division of Science sign up [HERE](#). (wear yellow or green shirts)

# DORM OPEN HOUSE

SNEAK A PEAK INSIDE  
THE DORM ROOMS

- LAKEVIEW HALL
- MAPLE HALL
- VISIT BOTH THE GIRLS & GUYS SIDES
- SHOW OFF YOUR ROOM!



SUNDAY JAN 18  
5:30 PM, LAKEVIEW LOBBY





# FEIRST ZUMBA

SUNDAY, JANUARY 18 @6:30

MIRROR ROOM IN THE PE CENTER



# Interview Workshop



**N-102  
NW Hall (Business Building)**

## Learn About:

- ✓ First Impressions
- ✓ Body Language
- ✓ Communication
- ✓ Confidence
- ✓ Follow-ups



## Description

Join the Lacombe Employment Centre for a brief, practical presentation on interviewing for internships, summer jobs, and post-graduation careers. Learn how to prepare, communicate confidently, and stand out to employers.

**Your next internship or summer job starts with a great interview.**

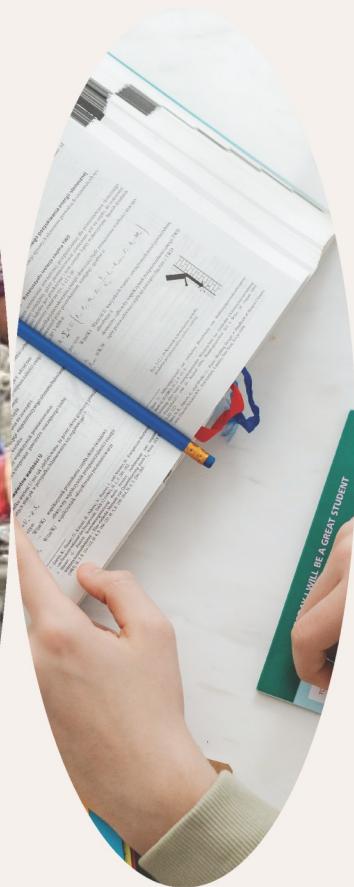
**Tuesday, January 20 | 6 - 7 PM**

Brought to you by your Upperclassmen Senator

BURMAN UNIVERSITY  
DENTAL CLUB PRESENTS

# DENTAL SCHOOL

## INFO NIGHT



LEARN  
ABOUT

- TUITION AND FEES
- APPLICATION REQUIREMENTS

- OTHER INFORMATION

**JANUARY 20**  
7:00 P.M.

**THE HIDEOUT**



# Business Speaker Series

January 21, 2026

## Where are you headed? - The Journey and the GPS

**7:00 - 8:00 PM  
M 117 McKibbin Centre  
Burman University**

**For More information:  
busreception@burmanu.ca  
403-782-3381 X 4095**



**Tilak Nithiyeswaran  
COO, CNOOC North America**

**Do you know what you want to accomplish in life? Would you like to learn a few tools that have helped me define and accomplish my goals? Are you curious to see whether some of those tools might help you?**



<https://www.youtube.com/@burmanusmallbusinesscentre7016>

# MOCK INTERVIEW NIGHT!

**WHO?**

Education Students

**WHEN?**

Thursday,  
January 22, 2026

**WHERE?**

Meet in M-117



Simulates the job  
interview process!

Enhance your  
professional  
readiness

Gain Confidence

Equip yourself with the  
skills necessary for  
**successful** interviews!!



**SARUK CENTRE**  
FOR LEADERSHIP DEVELOPMENT

# Clothing Drive

**Deadline:  
January 22, 2026**

Examples to Donate: Winter Clothing,  
Sweatpants, Hats, Scarves and gloves  
All clothing accepted and appreciated!

Drop-off Locations: Burman Library, College  
Heights Church, Lakeview Hall, Burman Gym



# AWARDS NIGHT

AVAILABLE TO STUDENTS CONTINUING IN 2026/2027

THOUSANDS OF DOLLARS IN AWARDS AVAILABLE!

**DEADLINE:  
JANUARY 22, 2026**

Awards Day is a yearly opportunity for Burman University's generous donors to reward and assist our returning students in continuing their education. Awards Day Scholarships are only available to current full time students (9 credits/semester both fall and winter) that will also be attending full time in the following school year and are not eligible for the second degree discount.



[BURMANU.CA/AWARDSNIGHT](http://BURMANU.CA/AWARDSNIGHT)

QUESTIONS? EMAIL STUDENT FINANCIAL SERVICES AT [SFS@BURMANU.CA](mailto:SFS@BURMANU.CA)

**APPLY**



**APPLY HERE!**

CAMPUS MINISTRIES PRESENTS



## “How I Abide”

STUDENT-LED WEEK IN SPIRITUAL EMPHASIS

CAMPUS MINISTRIES PRESENTS

## “How I Abide”

MONDAY 8:30 PM

TUESDAY 11 AM & 8:30 PM

WEDNESDAY 8:30 PM

THURSDAY 11 AM & 8:30 PM

FRIDAY 7:30 PM

SABBATH 9 AM & 11:30 AM

STUDENT LED WEEK IN SPIRITUAL EMPHASIS

COLLEGE HEIGHTS CHURCH

26 - 31 JANUARY 2020

# Sakala Success Centre & ROC Digital Detox



Start your 'choose your adventure' detox journey by:

- Setting your digital detox goals,
- enjoying lunch,
- relaxing with a massage,
- getting some ideas and tools to support your detox adventure :)

Completing your goals, enters you into the prize draw

Questions: Come by the Centre for more information



Feeling glued to  
your screen?

ARE YOU  
UP TO A  
CHALLENGE

Step into the ...

# DIGITAL DETOX

*Challenge*

**Challenge yourself to unplug and  
recharge with our  
Digital Detox Challenge!**



This challenge lets you choose your pace—commit to 1 day, 7 days, 14 days, or 21 days without, or with less, digital distractions.

Step away from the scroll and see what you gain.

Starting Jan. 23rd. Watch for  
additional information from the SSC

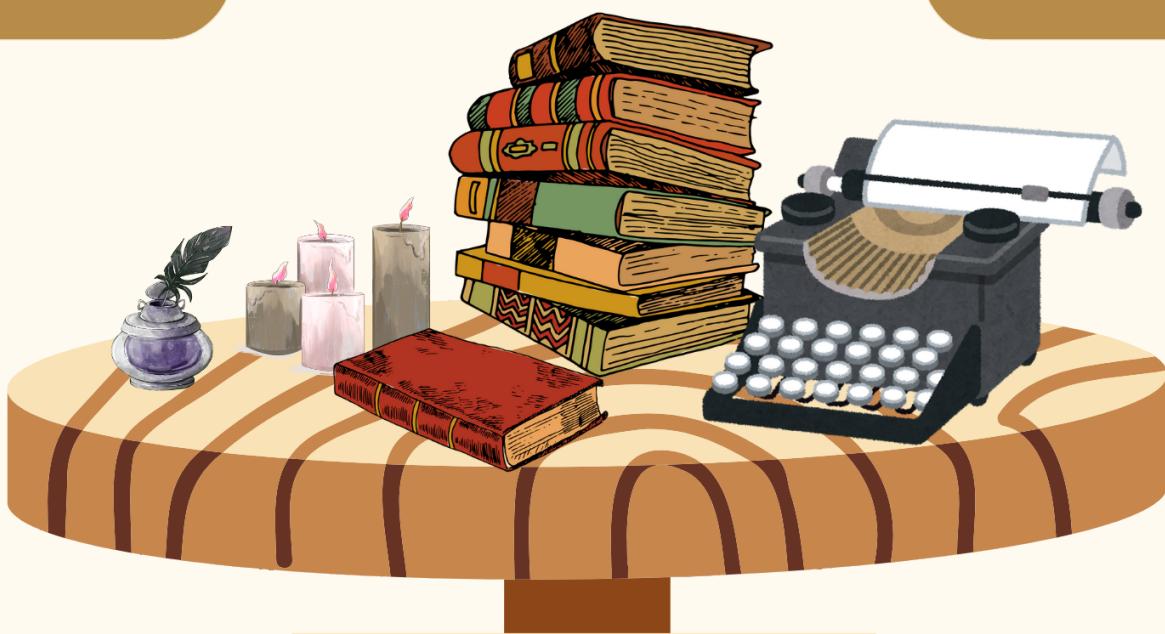


# Burman University's Wordsmith Guild

A SPACE TO  
EXPAND YOUR  
CREATIVITY  
FROM POETRY,  
PROSE,  
STORYTELLING  
AND BEYOND!

Bi-Weekly on  
Thursdays at  
6:30 pm in the  
Fitch Forum

CONTACT SARAH  
WALLACE,  
CHARLOTTE  
LINKER OR  
CHLOE LAWSON  
FOR MORE INFO



CREATIVE WRITING CLUB



# *Lady Whistledown's* SOCIETY PAPERS

## WHISPERS OF A MOST ANTICIPATED EVENING

Dearest Gentle Reader,

As the second semester season is upon us and the ton are abuzz with the latest news. This Author finds herself compelled to share the most exciting news....

You have been invited to attend the most anticipated Banquet yet:

**January 31 | 6:00 pm--Lacombe Memorial Centre**

Yes, you read correctly: a grand banquet is soon to grace our social calendar, and already the ton is abuzz with speculation as to what marvels, mysteries, and mishaps may unfold.

And so, as the date draws nearer, one piece of advice remains essential: choose your attire wisely, polish your manners carefully, and prepare your composure thoroughly. For when the doors open and the evening begins, every glance, every whisper, and every misstep will be observed.

*Yours Truly,*

*Lady Whistledown*



CAMPUS  
MINISTRIES

# pas·sion

verb \_\_\_\_\_ an immersive easter experience

Love on Earth

April 3, 2026



Campus Ministries will be staging an interactive multi-set passion play experience here on the hilltop on April 3, 2026 in collaboration with the Church, Schools and Arts Departments.

The Campus Ministries team has received interests from signup sheets for Cast and Supporting Roles and we now wish to engage the campus in auditions for specific roles.

## AUDITION TIMES

Admin Chapel  
Next Thursday January 22, 8-10 PM  
Sunday January 25 10- NOON

Should you not be able to make one of these time slots, please reach out to Chaplain Carl via email to schedule another time.

**If you are able to help, please add your name beside the role you are interested in playing [HERE](#).**



Would you like to work at a summer camp? Summer Camp Directors will be on campus to conduct interviews January 28-30 and possibly February 1 at the Burman Library. The times will be:

**Wednesday - Jan 28**, 12:00pm-6:00 pm

**Thursday - Jan 29**, 10:00 am-6:00 pm

**Friday - Jan 30**, 9:00 am-3:00 pm

**\*\*If needed Sunday - Feb. 1** Time TBD.

The following camps will be looking to hire students for their summer camp programming:

- Camp Woody Acres-Newfoundland
- Camp Pugwash-Maritimes
- Camp Frenda-Ontario
- Camp Whitesand-Manitoba/Saskatchewan
- Camp Foothills-Alberta
- Camp Mountainview-BC

Watch for more information for interview sign up.



# Campus Connect

**BURMAN STUDENTS OFFER  
HELP WITH:**

- **CLEANING**
- **SNOW SHOVELING**



**A BUSINESS STARTED BY BURMAN  
STUDENTS**

<https://campusconnect0925.replit.app>